

## MSABC JUNE 2007 BULLETIN

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### Service Awards

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#### SERVICE/PERFORMANCE AWARDS 2007

*Congratulations to the following winners*

Ted Simpson Award for Performance: **Avila Rhodes**

Stan Powell Award for Service: **Connie Stamhuis**

### Senior Games

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This year SwimBC will be sanctioning the Swimming portion of the BC Senior Games. What does this mean to our swimmers? Any registered MSABC swimmer swimming at the Senior Games for their region can apply for Masters Records in individual events, in their respective age groups. We are presently working with SwimBC to obtain the sanction number and ensure that all appropriate officials are on deck for a properly sanctioned meet. Sanction is PENDING at this time. Relays do not qualify since you will not be representing a registered MSABC team at the games. We have revised the records application form for you which will be available at the meet and online on the website under resources. **You will be responsible** to gather the necessary information and signatures, including a copy of the meet results for your event to be forwarded to our records keeper Julie Jones at 4948 11A Ave., Delta , BC , V4M 1Z4 .

## Zone 4 Swimming Coordinator for the Games.

Wants to communicate with Masters Swimming groups in the Lower Mainland, which for the purposes of the B. C. Seniors Games, refers to Burnaby, Delta, Ladner, New West., N. Van., W. Van., Pemberton, Richmond, Squamish, Sunshine Coast, Tsawwassen, Vancouver, and Whistler.

If you want to attend the BC Senior Games in this region, please contact Helen Hunt by e-mail at [zone4swimming@shaw.ca](mailto:zone4swimming@shaw.ca) or her personal e-mail [helenhunt@shaw.ca](mailto:helenhunt@shaw.ca) or by phone at 604-261-3887.

[Click here to download the Record Application for the Senior Games !](#)

### 2007 Nationals

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Congratulations To Teams and Provinces

Top team entered: MSBC points 5162 # of Swimmers 23

The forces team was second!!!!

Team	Swimmers	Points	Rankings by Province		
MSBC	23	5162			
CFST	24	4903			
MMAC	60	4725	1	Ontario	19417
AURO	36	4700	2	Alberta	9319
EMSC	22	3347.50	3	Manitoba	7227
			4	British Columbia	5618
			5	Saskatchewan	2412
			6	Quebec	2303

7	Nova Scotia	389
8	New Brunswick	228
9	Prince Edward Island	120

See <http://www.cmssc2007.ca/> for FULL RESULTS

### **Aquatics 4 Arthritis**

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SwimBC, The Arthritis Society, and the Arthritis Research Council have partnered together to raise awareness of Arthritis in the community and to promote life-long aquatic activity as a fundamental part of healthy living. Masters Swim Association of BC has signed on with Swim BC to support this worthy cause, and we have some great ways in which you can participate.

[Click here to download a Word Doc with information on how you can get involved today!](#)

### **Ethical Decisions**

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Making Ethical Decisions" module that all new coaches must now complete prior to them being granted certification.

Current coaches, who are currently certified as "Level 1", must complete this Making Ethical Decisions (MED) module by December 31, 2007 , to maintain their certification. Instructions on how to do this are on the SWIMBC [website](#), as well as being available on the CSCTA website ([www.casca.org](http://www.casca.org)).

This will also serve to make them a certified "Skills Coach" as Level 1 no longer exists within the NCCP framework.

Information received by Mike Fledge at Swim BC

**SEE NCCP INFORMATIONAL CHART POSTED ON SWIMBC.CA WEBSITE FOR MORE DETAILS ON COACHING LEVELS AND REQUIREMENTS**

### **Board of Directors**

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#### **2007 / 2008 Board of Directors**

<b>Director</b>	<b>Position</b>	<b>Term</b>
Glen Mehus	President	2008-2009
Diane Ruffell	Vice President	2007-2008

Stephen Ricketts	Secretary	2008-2009
Keith Kendall	Treasurer	2007-2008
Tony Zezza	Registrar	2007-2008
Claudia Sperling	Editor	2007-2008
Leon Politano	Member at Large	2007-2008
Gilles Beaudin	Member at Large	2008-2009
Steve Wallace	Member at Large	2008-2009

### **Club Contacts**

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It is compulsory that each club registering in the 2007/08 year provide the registrar with an email club contact account. We need to be in touch with the Clubs throughout the year and must have a way of contacting them. Should you not wish to provide an individuals email account we suggest you create a Hotmail or Yahoo account for your Club and have a member responsible for checking the account on a regular basis. This will keep member's email addresses private and the Clubs informed. The Registrar/Treasurer has been instructed that this is mandatory before he can accept funds from each Club.

### **Swimmer Reg #'s**

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Effective September 1, 2006 all sanctioned swim meets in Canada required meet entries to be accompanied by a 9-digit registration number. This is why all Master swimmers have been issued a new 9-digit number since we fall under this new ruling by our association with Swim BC and Swimming Canada (SNC). All swimmers registered on Swim Direct were assigned a new number; this number can be obtained from your club registrar.

### ***A Motion was made at the April 2007 AGM as follows:***

The MSABC Board will supply registration cards and letters of membership to swimmers by request only.

**Requests to be sent to [registrar@mastersswimming.bc.ca](mailto:registrar@mastersswimming.bc.ca)**

### **Swim Dates**

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### **TENTATIVE SWIM MEET DATES FOR 2007/08**

November 18/07 **UBC**  
 January 27/08 **COWI**  
 Feb 17/08 **EBSC**  
 March 8/08 **VMSC**

**TO BE CONFIRMED IN NEXT BULLETIN**

**Across the Lake**

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Fresh Air Experience Across the Lake Swim in Kelowna July 14, 2007

The oldest open water swim event in B.C. will take place for the 59 th time in a row in Kelowna ! On July 14th, about 400 swimmers ranging in age from about 7 to 70 years will start at the old Ferry Docks on the Westside and swim across Okanagan Lake to Hot Sands Beach in City Park .

For information and online registration visit: [www.kelownamastersswimclub.com](http://www.kelownamastersswimclub.com)

Online registration is available at [www.eventsonline.ca/events/kelownalakeswim/](http://www.eventsonline.ca/events/kelownalakeswim/)

Entry forms are also available locally in Kelowna at the Parkinson Recreation Centre, YM/YWCA Athens Pool, Johnson Bentley Pool and Fresh Air Experience. The registration deadline is July 13th and there is no day of race registration.

For more information contact: Tanya Traverse Phone: 860-2526 E-mail: [kelownamastersacrossthelake@hotmail.com](mailto:kelownamastersacrossthelake@hotmail.com)

### **Open Water Swim**

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#### **Kelowna Open Water Swim**

On August 18, 2007 the Okanagan Masters Swim Club are hosting a 5 km Open Water Swim and a 1.5 km swim which has become the western swing of Masters Canada Open Water Championship Series, under Sanction #SBCOW01. To be held at Water Front Park in Kelowna , BC .

Details can be found at [www.okanaganmastersswimclub.com](http://www.okanaganmastersswimclub.com)

Email enquiries to [okmasters@easy.com](mailto:okmasters@easy.com)

### **Coaching Position**

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#### **WESTSIDE THUNDER MASTERS SWIM CLUB**

The Westside Thunder Masters Swim Club is accepting applications for a swim coach for the 2007 – 2008 swim season.

The WTMSC is a member of the Masters Swimming Association of British Columbia and swims at the Johnson Bentley Memorial Aquatic Centre in Westbank, B.C. The Club is composed of approximately 30 active and involved adult swimmers with a range of fitness objectives and abilities. WTMSC trains six times per week in the winter, and twice each week during the summertime.

WTMSC is looking for a coach with the following skills and abilities:

- Minimum NCCP level II certification

- Experience coaching adult swimmers
- Strong interpersonal and communication skills
- The development of a creative and innovative training programme
- A commitment to maintain consistent reporting / communication with executive

The successful candidate will work with all WTMSC members to help each realize his or her goals and foster the Masters' motto; "fun, fitness and friendship".

Westbank is a community in the Central Okanagan of approximately 30,000 people. Known as a four season playground, this region of the Province offers exceptional opportunities for sports and recreation.

Interested candidates, please send a resume to:

[swimwestsidethunder@yahoo.ca](mailto:swimwestsidethunder@yahoo.ca)

**Closing Date: June 22, 2007 , 4:00 p.m.**

Information about WTMSC can be seen at: [www.freewebs.com/westsidethunder/](http://www.freewebs.com/westsidethunder/)