



## **MSABC Provincial Championships**

March 30 – April 1, 2012  
Saanich Commonwealth Place  
Victoria, BC

**Sanction: SBCM1106**

### **Hosted by:**

Victoria Masters Swim Club and  
Island Swimming Association



## COMPETITION INFORMATION

<b>Facility Information:</b>	Saanich Commonwealth Place 4636 Elk Lake Drive, Victoria, BC
<b>Pool Information:</b>	8 lanes, 25 Meters Competition Pool, Electronic Timing, Separate 25 meter warm up/cool down. A minimum of 4 lanes for warm up/cool down will be available at all times.
<b>Information/Contact:</b>	Meet Manager: Rosemary Lawrence / Cam Ross Email: <a href="mailto:meetmanager@islandswimming.com">meetmanager@islandswimming.com</a>
<b>Rules:</b>	MSC Rules will be in effect at this meet as well as the Swim BC Technical Guide.
<b>Awards:</b>	Participants awarded a certificate and results for each event.
<b>Registration/Check-In</b>	Registration/Check In will be 3PM – 6PM Friday March 30, and 8AM – 10AM Saturday March 31 in the main lobby at Saanich Commonwealth Place.
<b>Mandatory Positive Meet Check In:</b>	Positive Check in is required for the 1500 Freestyle on Friday by 5PM, and the 800 Freestyle by the end of Event #14 – The 100 Backstroke.
<b>Eligibility</b>	Open to all swimmers registered with their Provincial, National or State Masters Organization. Registered Canadian Masters swimmers must provide 9-digit Registration# with their entry form. Out-of-country swimmers need proof of affiliation. Swimmers must have attained the age of 18 by March 30, 2012.
<b>Seeding</b>	As per MSC Rules, Seeding will be done by time, slowest to fastest. All events are timed finals. Men and women will be seeded together in the same events by time and at the meet manager’s discretion. This will be a cardless meet with the exception of relays.
<b>800m/1500m</b>	The 800/1500 Freestyle may be swum 2 per lane and will be seeded and run at the discretion of the Meet Manager. These events may also be run double ended depending on the number of entries received for the 1500 Freestyle on Friday. If the 800/1500 are swum 2 persons per lane, then swimmers may only swim Front Crawl, no other strokes will be permitted.
<b>Entry Cost:</b>	\$80 Flat Fee including relays (includes an extra \$5 Facility Improvement fee for Saanich Commonwealth Place)
<b>Entry Information:</b>	<ul style="list-style-type: none"> <li>- Swimmers may enter up to 7 individual events as well as participate in relays.</li> <li>- Hy-tek Team Entries are strongly encouraged. A spreadsheet filled in (sample attached here) must accompany the team entries. A `Team Cheque` to cover fees for all swimmers on the team is preferred.</li> <li>- No “NT” entries will be accepted.</li> <li>- Electronic entries to be emailed to: <a href="mailto:meetmanager@islandswimming.com">meetmanager@islandswimming.com</a>. Cheque and supporting list to be mailed to address below for team.</li> <li>- Paper Entries to be mailed attention “BC Masters Provincials Registration”, c/o 57 Sylvan Lane, Victoria, BC, V8S 2K8</li> <li>- <b>All cheques to be made payable to “Island Swimming Association”</b></li> <li>- <b>It is the participant’s responsibility to ensure entries and payment were received. Psych Sheets will be posted on the meet website at least one week before the meet</b></li> </ul>
<b>Entry Deadline:</b>	Monday March 12, 2012 – 9:00AM. This is to allow adequate time for processing of registration packages.
<b>Psych Sheets:</b>	Posted online on the Victoria Masters ( <a href="http://www.victoriamasters.ca">www.victoriamasters.ca</a> ) and Island Swimming websites. <a href="http://www.islandswimming.com/SubTabGeneric.jsp?team=cais&amp;stbid=45314">http://www.islandswimming.com/SubTabGeneric.jsp?team=cais&amp;stbid=45314</a>
<b>**LIVE RESULTS!!**</b>	Live results for the meet will be available on your mobile device! The URL for live results will be: <a href="http://results.teamunify.com/cais/MSABCProvincials2012/">http://results.teamunify.com/cais/MSABCProvincials2012/</a>
<b>Banquet</b>	A banquet will be held Saturday Evening at the Ambrosia Event & Catering Centre,

	at 638 Fisgard Street Downtown Victoria. The banquet will start at 6PM. Alcoholic drinks can be purchased by swimmers. The cost of the banquet is \$10 for MSABC Members, and \$20 for Non-MSABC Members.
<b>MSBC Annual General Meeting:</b>	The Annual General Meeting for MSABC will be held 30 minutes after the final event on Saturday in the Douglas Fir Room onsite at Saanich Commonwealth Place. Signs will be placed for directions onsite.

## ACCOMODATION INFORMATION

<b>Accent Inns</b>	<p>BC Masters SwimRate: \$75 plus tax (1-4 persons)  Kitchenettes: \$10 additional  Group #5953  Release date: March 9, 2012 For reservations: 1-800-663-0298 and quote group 5953 BC Masters. All reservations will need to be made prior to release date of March 9, 2012  <a href="http://www.accentinns.com/victoria">http://www.accentinns.com/victoria</a></p>
<b>Best Western Carlton Plaza Hotel (3 blocks from Social Location)</b>	<p>Group Name: "BC Masters Swimming Provincials"  Group Rate: \$85/night plus applicable taxes.  Call Toll Free: 1-800-663-7241  <a href="http://www.bestwesterncarltonplazahotel.com">www.bestwesterncarltonplazahotel.com</a></p>
<b>Executive House 777 Douglas Street</b>	<p>Standard Guest Rooms - \$89/night Single/Double  1 Bedroom Suites - \$109/night Single/Double  250.388.5111 reservations@executivehouse.com  <a href="http://www.executivehouse.com">www.executivehouse.com</a></p>
<b>Howard Johnson (next door to pool)</b>	<p>Group name: Victoria Masters Championships  Group code: VM30  Group rates: Regular rooms with 2 Queen Beds @ \$89  Kitchen Suites with one Queen Bed and one Queen Sofa Bed @ \$119  Junior Suites with one Queen Bed and one Queen Sofa Bed @ \$89  And One Bedroom Suites with one Queen Bed and one Queen Sofa Bed @ \$109  Toll Free Reservation Line – 1-866-300-4656  <a href="http://www.hojovictoria.ca/">http://www.hojovictoria.ca/</a></p>

## ORDER OF EVENTS

**Friday March 30, 2012. Warm up, 5:00 – 5:50 PM, Meet Start 6:00PM. Sprint lanes open at 5:30PM.**

Event #	Event	
1	1500 Freestyle	
2	400 (4X100) Female Freestyle Relay	
3	400 (4x100) Male Freestyle Relay	
4	400 (4x100) Mixed Freestyle Relay	

**Saturday March 31. Warm up, 8:00AM – 8:50AM, Opening Ceremonies at 9:00AM, Meet Start Follows. Sprint lanes open at 8:30AM**

Event #	Event	
5	200 Breaststroke	
6	50 Backstroke	
7	400 Freestyle	
8	50 Butterfly	
9	200 Individual Medley	
10	200 (4x50) Female Freestyle Relay	
11	200 (4x50) Male Freestyle Relay	
LUNCH	LUNCH BREAK – 30 MINS	<i>Based on the timing of the meet, the Meet Manager reserves the right to change the break.</i>
12	100 Freestyle	
13	50 Breaststroke	
14	200 Butterfly	
15	100 Backstroke	
16	200 (4x50) Mixed Medley Relay	

**Sunday April 1, 2012. Warm up, 8:00AM – 8:50AM, Meet Start 9:00AM. Sprint lanes open at 8:30AM**

Event #	Event	
17	800 Freestyle	
18	100 Individual Medley	
19	200 Freestyle	
20	100 Butterfly	
21	200 Backstroke	
22	200 (4x50) Female Medley Relay	
23	200 (4x50) Male Medley Relay	
24	100 Breaststroke	
25	400 Individual Medley	
26	50 Freestyle	
27	200 (4x50) Mixed Freestyle Relay	

# MSABC Provincial Championships 2012

Entry Deadline: **MARCH 12, 2012.**

Three ways to send entries – Choose what works for you!

1. (Preferred) If you have **Hytek** Team Manager, use the entry file posted on <http://www.msabc.ca/upcoming.html> **Please also include Banquet entries in Team Manger as Event - #210 for members @ \$10 and #220 for non-members @ \$20. This will ensure we have the correct numbers!**

**EMAIL THE COMPLETED ENTRY FILE TO: [meetmanager@islandswimming.com](mailto:meetmanager@islandswimming.com).**

**Mail cheques payable to Island Swimming Association" to**

**BC Masters 2012 ENTRY, c/o 57 Sylvan Lane, Victoria BC. , V8S 2K8**

2. Don't have Hytek, but can use **Excel** – use this spreadsheet <http://www.msabc.ca/upcoming.html> Choose your events from the dropdown lists. Don't forget the Banquet tickets at the end.

**EMAIL THE COMPLETED FORM TO: [meetmanager@islandswimming.com](mailto:meetmanager@islandswimming.com).**

**Mail cheques payable to Island Swimming Association" to**

**BC Masters 2012 ENTRY, c/o 57 Sylvan Lane, Victoria BC. , V8S 2K8**

3. The last way –fill in the form below and

**EMAIL THE COMPLETED FORM TO  
[meetmanager@islandswimming.com](mailto:meetmanager@islandswimming.com)**

**Or PRINT AND MAIL, with cheques payable to Island Swimming Association"**

**BC Masters 2012 ENTRY**

**c/o 57 Sylvan Lane, Victoria BC.**

**V8S 2K8**

Entry Deadline: **MARCH 12, 2012.**

(allow sufficient time for mailing) Thanks!

# MSABC Provincial Championships 2012

## Registration Entry Form

Entry Deadline: **MARCH 12, 2012**

<p>EMAIL THE COMPLETED FORM TO <b>meetmanager@islandswimming.com</b> please mail cheque/payment after emailing entry.</p>	<p>Or PRINT AND MAIL <b>BC Masters 2012 ENTRY</b> <b>c/o 57 Sylvan Lane,</b> <b>Victoria BC.</b> <b>V8S 2K8</b> (allow sufficient time (4+ days) if you are mailing the form.) Thanks!</p>
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Last Name: _____	First Name: _____
Birth Date: (mm/dd/yyyy) _____	Gender: _____
Swim Registration #: _____	Team: _____
Home Address: _____	City: _____
Province: _____	Postal Code: _____
	Phone Number: _____
<input type="checkbox"/> Unattached swimmer. – if yes: Province/Country: _____	

INDIVIDUAL EVENTS – Choose up to 7	TIME (mm:ss.tt)
1. 1500 Freestyle	
5. 200 Breast	
6. 50 Backstroke	
7. 400 Freestyle	
8. 50 Butterfly	
9. 200 Individual Medley	
12. 100 Freestyle	
13. 50 Breaststroke	
14. 200 Butterfly	
15. 100 Backstroke	
17. 800 Freestyle	
18. 100 Individual Medley	
19. 200 Freestyle	
20. 100 Butterfly	
21. 200 Backstroke	
24. 100 Breaststroke	
25. 400 Individual Medley	
26. 50 Freestyle	

**BANQUET TICKETS REQUIRED:**

MSABC Members \_\_\_\_ @ \$10 = \_\_\_\_\_

Non-Members \_\_\_\_ @ \$20 = \_\_\_\_\_

Entry Fee: \$80.00

Total Owing: = \_\_\_\_\_

**(Make cheques payable to Island Swimming Association”)**